#### **Radwinter Parish Council**

Clerk to the Council: Mrs Cathryn Carlisle Herkstead Green Bungalow Cornish Hall End Braintree Essex CM7 4HH T: 01440 731964 <u>https://www.radwinter.net</u> Email : radwinterparishcouncil@gmail.com

### **COVID** – 19

### Hello! If you are self-isolating, we can help

#### Do you need help with any of the following:-

- 1 Picking up shopping
- 2 Posting mail
- 3 A friendly phone call
- 4 Urgent supplies
- 5 Medication collected

Contact the Clerk (by telephone or email) and she will arrange someone to help.

## If you would like to help please send your details to The Clerk.

We can only offer help within reason, and in ways we can also stay safe. If you need medical advice, use the NHS 111 online coronavirus service at **<u>111.nhs.uk/covid-19</u>**, or if you have no internet access, call **NHS 111** from your phone. In a medical emergency, dial 999.

# All Names and Addresses will be kept on Record for the duration of this emergency, then destroyed.